

Risk Self Assessment
for
Senior Pharmacy Solutions[®]
Medication Therapy Management Services

Are you at risk for Medication Related Problems?

If you are 65 or older and answer "YES" to most of the questions below, you may want to consider a comprehensive review of your medications. As part of the Senior Pharmacy Solutions[®] Medication Therapy Management Services, our Senior Care Pharmacist will review and evaluate how you might decrease your risk of medication related problems as well as assist you in maximizing the benefits of your medications.

- Do you take five or more medications including prescriptions, supplements and over the counter drugs?
- Do you take 12 or more doses each day?
- Have your medications or their use changed 4 or more times in the last year?
- Are you currently taking medication for 3 or more medical conditions?
- Do you sometimes forget to take the prescriptions ordered by your doctor?
- Do you see more than one doctor for your medical care?
- Are there any medications you take without knowing why?
- Do you take any medication and don't know its side effects?
- Do you get your medications at more than one pharmacy?
- Do you tell the pharmacist what prescriptions, supplements and over the counter drugs you take?
- Are your medications delivered or mailed to your home?

Do you take or use any of the following medications?

- Medication to treat high blood pressure?
- Medication to strengthen your bones?
- Use inhaler, nebulizer medications or take medications by injection?
- Use medication for anxiety, depression or other mood stabilizers?
- Tegretol[®] (Carbamazepine)
- Lanoxin[®], Lanoxicaps[®] (Digoxin)
- Lasix[®] (Furosemide)
- Eskalith[®] (Lithium)
- Reglan[®] (Metoclopramide)
- Phenobarbital
- Dilantin[®] (Phenytoin)
- Pronestyl[®] (Procainamide)
- Quinidex[®] (Quinidine)
- Zantac[®] (Ranitidine)
- TheoDur[®], Theo-24[®], SloBID, or Uniphyll[®] (Theophylline)

This is only a partial list of medications that may cause medication related problems.

We can be reached for a confidential review of our services through our website at www.seniorpharmacysolutions.com or our email at Lharrelsonky@aol.com or by phone at 502-425-8642